Creating S.M.A.R.T. Goals

When setting goals whether they are financial goals or personal goals, keep in mind the S.M.A.R.T. acronym. S.M.A.R.T. can help you create a roadmap to achieve what you want or need.

Specific: State one clear outcome and estimated amount of money needed

Measurable: Use benchmarks and identify what will indicate that you have achieved the goal

Achievable: Assess your likelihood of reaching the goal by examining your circumstances and resources

Realistic: Male sure the goal is relevant and meaningful to your values

Time-bound: set target completion dates and milestones throughout to measure progress

What is Your Goal?
What is the Purpose of this Goal?
How will you know your goal is completed?

Milestones			
Description	Start date	End date	👍